

## CHEF SPECIAL FOR TWO PEOPLE

69.95

### FIRST COURSE

*Lotus platter appetizers, choice of soup*

### SECOND COURSE

*Tandoori chicken, seekh kabab, chicken tikka kabab, and tandoori prawns*

### FINAL COURSE

*Rogan josh, bengan bartha, chicken tikka masala, saag paneer, rice, naan, and choice of dessert*

**Chef Special not valid with any other offer**

## LOTUS SPECIALS

A LA CARTE

CHICKEN CURRY (SURENDER) <i>House special traditional punjabi curry. <b>Organic Chicken add \$1.50</b></i> .....	13.95
LAMB TIKKA MASALA <i>Lamb cooked in mild creamy sauce with a touch of ground cashew</i> .....	14.95
VEGETARIAN JALFREZI <i>Fresh vegetables with tomatoes and organic spices</i> .....	12.95
GOA FISH CURRY <i>Fresh salmon cooked with creamy based coconut milk</i> .....	14.95
KADAH LAMB <i>Lamb cooked with tomato, onion, bell pepper, ginger, and garlic</i> .....	14.95
KADAH FISH <i>Salmon cooked with tomato, onion, bell pepper, ginger, and garlic</i> .....	14.95
FISH TIKKA MASALA <i>Salmon cooked in mild creamy sauce with a touch of ground cashew</i> .....	14.95

## SIDE DISHES

DAPPADUM <i>Two thin baked lentil wafers</i> .....	2.95
KASHIMIRI RICE / ECO FRIENDLY BROWN RICE <i>Non-GMO Indian basmati rice</i> .....	3.00 / 3.50
RAITA / PICKLE (ACHAR) / CHUTNEYS <i>(Choice of One: Mango, Ginger Peach, Plum, or Apple Nut)</i> .....	2.95

*Indian condiments.*

## BIRIYANI ENTREES

All Biryani served with Raita - Gluten Free

VEGAN-VEGETARIAN / 12.95 CHICKEN / 13.95\* LAMB / 14.95 PRAWN / 15.95

*Basmati rice, zucchini, cauliflower, carrots, Italian beans, lima beans, green peas, cashews, raisins and organic spices and your choice of the above. \*Organic Chicken add \$1.50*

## INDIAN DESSERTS

KHEER <i>Traditional chilled rice pudding made with milk and flavored with cardamon, saffron, and rosewater</i> .....	4.95
GULAB JAMUN <i>Juicy light pastry made from milk, served with hot honey syrup</i> .....	4.95
INDIAN ICE CREAM <i>Ask for flavors</i> .....	4.95
KULFI <i>Traditional saffron flavored Indian ice-cream enriched with pistachio, almonds, and green cardamon</i> .....	4.95

## SPECIAL GLUTEN FREE DESSERTS

KHEER <i>v/GF Traditional chilled rice pudding made with almond milk and flavored with cardamon, saffron, and rosewater</i> ...	4.95
ALMOND HALWA <i>v/GF Classic Indian pudding made with almond flour, almond oil, cashews, saffron, cardamon, rosewater, and raisins</i> ..	4.95

## BEVERAGES

LEMONDADE .....	3.95
MANGO LASSI <i>Homemade yogurt drink with mango</i> .....	4.95
LASSI <i>Homemade yogurt drink with rose water</i> .....	3.95
MANGO OR APPLE JUICE .....	3.95
MINERAL WATER, GINGER ALE, OR ROOT BEER .....	2.95
HERBAL TEA, BLACK TEA, OR GREEN TEA <i>Indian tea with organic spices</i> .....	2.95
MASALA CHAI <i>Traditional Indian Drink</i> .....	3.45
SODA <i>Coke, Diet Coke, Sprite, Fanta Orange, and Iced Tea</i> .....	2.95

(One Refill on Chai, Coffee and Soda)

## Thank You

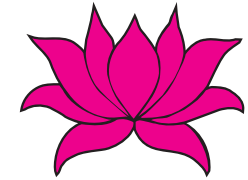
*We reserve the right to refuse service to anyone.*

*18% Gratuity will be added to the check for parties of five or more.*

**Order online to-go at [www.lotusrestaurant.com](http://www.lotusrestaurant.com) Lunch Buffet • Mon.-Sat. 11:30 to 2:30**

***We are concerned about your health. Please advise us of any allergies.***

PRICES SUBJECT TO CHANGE



# LOTUS

Cuisine of India

## NAMASTE - Welcome

“Eating together with those we love, eating nutritious food that has been prepared with love – this *can* nourish our inner needs, as well as our bodies. Taking time at meals to talk to each other and enjoy the meal as a shared sacrament is rare today. We need to slow down, take time to prepare nutritious meals and rearrange our schedules so that we can be together.”

Ekmath Easwaran



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MARIN COUNTY



Food & Energy



MCE Clean Energy  
My community. My choice.  
We are Deep Green Champions.  
We buy 100% renewable energy.



Pacific Sun Best of Marin: 2000 - 2004, 2008-2012, 2015  
Pacific Sun Best of Marin Hall of Fame: 2005-2007, 2013, 2014  
Voted Excellent since 1998 by Zagat



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**Don't see your old favorite dish in this menu?**

**Let us know, and we can make it for you!**

**To allow diners to enjoy their meal please turn off your cell phone**

**704 Fourth Street • San Rafael, CA 94901  
Tel: (415) 456-5808 • [www.lotusrestaurant.com](http://www.lotusrestaurant.com)**

## Take Out Menu

Please visit our other restaurants:

### LOTUS CHAAT AND SPICES

1559 4th Street • San Rafael, CA 94901  
(415) 454-6887 • [www.lotuschaat.com](http://www.lotuschaat.com)

### CAFE LOTUS

1912 Sir Francis Drake Blvd. • Fairfax, CA 94930  
(415) 457-7836 • [www.cafelotusfairfax.com](http://www.cafelotusfairfax.com)

## APPETIZERS

All of our appetizers are made with organic flour and served with a mint-cilantro sauce and a sweet tamarind sauce

MIXED VEGGIE PAKORAS (vegan) ..... <i>Fresh vegetables (pesticide-free spinach, cauliflower, potatoes &amp; red onions) dipped in chick pea flour and fried.</i>	4.95
CHICKEN PAKORAS <i>Boneless white chicken dipped in chick pea flour and fried.</i> .....	5.95
VEGETABLE SAMOSAS <i>Pastry stuffed with seasoned potatoes and peas (2 pieces).</i> .....	6.00
LAMB SAMOSAS <i>Pastry stuffed with minced lamb and green peas (2 pieces).</i> .....	7.00
LOTUS PLATTER <i>Combination of above appetizers.</i> .....	9.95
PANEER PAKORA <i>Homemade cheese stuffed with tangy mint and cilantro sauce.</i> .....	8.95
ONION PAKORAS <i>Thinly sliced onion dipped in mildly spiced garbanzo bean (chick pea flour) batter and fried.</i> .....	5.95
CHANNE KI CHAAT .....	5.95
<i>Tangy combination of organic chick-peas, potatoes, and onion tossed in tamarind sauce and sprinkled with black Indian salt - served cold.</i>	

## SOUPS AND SALADS

MULLIGATAWNY SOUP <i>Mildly spiced chicken soup.</i> .....	4.25
LENTIL SOUP (DAL) <i>Mildly spiced pureed organic lentil soup.</i> .....	3.95
GREEN SALAD <i>Lettuce, cucumbers, carrots, peas &amp; tomatoes served with ranch, thousand island, or homemade dressing.</i> .....	4.95

## INDIAN BREADS

All of our Indian Breads are made with organic flour

NAAN <i>Leavened bread baked in a clay pit over charcoal.</i> .....	2.95
KABULI NAAN <i>Nann stuffed cashews, chopped marichino cherries, anise, coconut flakes with raisins</i> .....	4.25
LOTUS NAAN <i>Naan stuffed with chopped spiced chicken, cashews, chopped marichino cherries, anise, coconut flakes with raisins.</i> .....	4.25
PANEER NAAN <i>Naan stuffed with homemade organic cheese.</i> .....	4.25
KEEMA NAAN <i>Naan stuffed with spiced ground lamb.</i> .....	4.25
GARLIC NAAN <i>Naan topped with garlic.</i> .....	4.25
PESTO NAAN (HOLY BASIL) <i>Naan topped with basil (pesto).</i> .....	4.50
ONION NAAN <i>Naan stuffed with diced red onions.</i> .....	4.25
ALCO PARATHA <i>Whole wheat bread stuffed with seasoned potatoes and peas (vegan).</i> .....	4.25
CHAPATI <i>Oven-baked bread (wheat flour) (vegan)</i> .....	2.95
PARATHA <i>Flakey layered oven-baked Indian bread (wheat flour) (vegan)</i> .....	3.99
ASSORTED BREAD <i>Choose (3) from above breads</i> .....	11.95
GLUTEN FREE NAAN / GLUTEN FREE GARLIC NAAN / GLUTEN FREE PESTO GARLIC NAAN .....	4.00 / 4.95

All dishes are available Vegan and Gluten-Free at your request.

## VEGETARIAN CURRIES

A LA CARTE

All Curries are made with organic spices, non-GMO oil, organic coconut oil and organic ghee

ALCO BENGAN <i>Fresh Japanese baby eggplant and potatoes cooked in sliced onions and organic spices.</i> .....	13.95
PANEER TIKKA MASALA <i>Homemade organic cheese cubes cooked with organic spices with a touch of ground cashew</i> .....	13.95
MALAI KOFTA <i>Combination of organic cheese, potatoes, nuts &amp; raisins blended with organic spices, with a touch of ground cashew.</i> .....	13.95
NAVRATTAN KORMA <i>Mixed vegetables with organic paneer and nuts.</i> .....	12.95
ALCO GOBI <i>Fresh organic cauliflower cooked with potatoes and organic spices.</i> .....	12.95
SAAG PANEER <i>Fresh pesticide-free spinach and organic paneer.</i> .....	12.95
MATTER PANEER <i>Organic green peas with organic paneer.</i> .....	12.95
BENGAN BARTHA <i>Eggplant delicacy with blend of organic spices.</i> .....	12.95
DAL MAKHNI <i>Organic whole lentils cooked in organic spices.</i> .....	12.95
SAAG ALCO <i>Fresh pesticide-free spinach with potatoes.</i> .....	12.95
CHANNA MASALA <i>Organic chick-peas with fresh tomatoes, herbs and organic spices.</i> .....	12.95
DAL TARKA <i>Organic chana dal cooked with tomatoes, onion, ginger, and spices</i> .....	12.95
MUSHROOM MASALA <i>Mushroom cooked with garlic, ginger, tomatoes, organic spices, and a touch of coconut milk.</i> .....	12.95

## CHICKEN CURRIES

A LA CARTE

CHICKEN SAAG <i>Chicken cooked with mildly spiced pesticide-free spinach.</i> <b>Organic Chicken add \$1.50</b> .....	12.95
CHICKEN VINDALU - SPICY HOT .....	12.95
<i>Chicken cooked with potatoes, chili and verjus (non-fermented grape juice).</i> <b>Organic Chicken add \$1.50</b>	
BUTTER CHICKEN <i>*Tandoori boneless chicken in a thick buttery gravy with a touch of ground cashew (dark meat only).</i> .....	13.95
<b>Organic Chicken add \$1.50</b> .....	13.95
CHICKEN COCONUT CURRY <i>Chicken with coconut milk, ginger, garlic, organic spices and a touch of basil.</i> .....	13.95
<b>Organic Chicken add \$1.50</b> .....	13.95
CHICKEN TIKKA MASALA <i>Chicken cooked in mild creamy curry sauce with a touch of ground cashew.</i> .....	13.95
<b>Organic Chicken add \$1.50</b> .....	13.95

## SEAFOOD CURRIES

A LA CARTE

PRAWN SAAGWALA <i>Prawns cooked in a creamy pesticide-free spinach.</i> .....	14.95
PRAWN CURRY <i>Prawns cooked in a tomato-onion gravy.</i> .....	14.95
PRAWN VINDALU (HOT) <i>Prawns cooked with spiced potatoes and verjus (non-fermented grape juice).</i> .....	14.95
TANDOORI PRAWN MASALA <i>Prawns cooked and served with mild creamy curry sauce with a touch of ground cashew.</i> ..	14.95
PRAWN COCONUT CURRY <i>Prawns cooked in coconut milk, ginger, garlic, organic spices and a touch of basil.</i> .....	14.95

All of our wines are organic and/or sustainable and we have a wine pairing list for your enjoyment.

Please visit [www.Zagat.com](http://www.Zagat.com) and give us your feedback.

**We are concerned about your health. Please advise us of any allergies.**

## LAMB CURRIES

All natural, no added hormones, no antibiotics.

A LA CARTE

ROGAN JOSH (TRADITIONAL LAMB CURRY) <i>Lamb cooked in mildly spicy curry sauce.</i> .....	14.95
LAMB SAAG <i>Lamb cooked with mildly spiced pesticide-free spinach.</i> .....	14.95
LAMB VINDALU - SPICY HOT <i>Lamb cooked with potatoes and chili and verjus (non-fermented grape juice).</i> .....	14.95
LAMB COCONUT CURRY <i>Cubes of natural lamb cooked in mild coconut sauce.</i> .....	14.95

## TANDOORI (CLAY PIT OVEN) SPECIALTIES

A LA CARTE

TANDOORI CHICKEN..... <i>Two whole chicken legs marinated in yogurt and Indian organic spices.</i> <b>Organic Chicken add \$1.50</b>	11.95
CHICKEN TIKKA KABAB .....	14.95
<i>Boneless breast pieces marinated and roasted, mildly spiced.</i> <b>Organic Chicken add \$1.50</b>	
TANDOORI CHICKEN COMBO .....	21.95
<i>Two whole chicken legs and chicken tikka kabab (white meat) marinated in yogurt and Indian organic spices.</i> <b>Organic Chicken add \$1.50</b>	
SEEKH KABAB .....	16.95
<i>Fresh lean ground lamb, with cilantro, cumin, mint and pomegranate seed pressed on skewers and roasted.</i>	
TANDOORI PRAWNS / TANDOORI FISH .....	16.95
<i>Jumbo prawns or salmon, lightly marinated in mustard seed, garlic, and ginger, and roasted.</i>	
TANDOORI MIXED GRILLED.....	21.95
<i>Assorted tandoori specialties.</i> <b>Organic Chicken add \$1.50</b>	
CHICKEN HARBARA .....	16.95
<i>Boneless chicken cubes marinated in cilantro and mint spice.</i> <b>Organic Chicken add \$1.50</b>	
LOTUS SPECIAL TANDOORI (HALF AND HALF).....	16.95
<i>Tandoori tikka and roasted prawns.</i> <b>Organic Chicken add \$1.50</b>	
LAMB CHOPS (PLEASE ASK WAITER FOR AVAILABILITY) .....	24.95
<i>Marinated rack of lamb with Indian organic spices and verjus (non-fermented grape juice).</i>	

## THALI SPECIALS

Includes Pappadam, Salad, Naan, Rice, Raita and Dessert (Kheer or Gulab Jamun)

VEGETARIAN THALI .....	22.95
<i>Vegetable Pakora, Dal Soup, Vegetable Samosa, Dal Makhani, Saag Paneer and Navrattan Korma.</i>	
CHICKEN THALI .....	25.95
<i>Chicken Pakora, Mulligatawny Soup, Chicken Masala, two pieces of Tandoori Chicken and Saag Paneer.</i>	

**Thali Specials are not valid with any other offer**

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